



I need to	M	W	I	F	S	S
Once a day						
Feed my bird fresh food and seeds						
Give fresh, clean water						
Remove waste and old food						
Every few days						
Wipe down any dirty areas in the cage						
Offer safe fruits and vegetables as a treat						
Once a week (with a grown-up!)						
Fully clean the cage and replace bedding/liners						
Wash food and water dishes						
Check for any signs of illness or discomfort						
Offer a shallow dish for bathing or mist with water						
Once a month (with a grown-up!)						
Deep clean and sanitize the cage						
Trim nails if needed						
Check beak and feathers for any issues						
Remember to only do these tasks once a month!						

Did you know... All birds have feathers! Feathers help birds fly and stay warm. They're made of keratin, the same material as your hair and fingernails.

Remember

- Always wash your hands
- ▶ If my bird seems sick,
- ▶ Birds love attention spend time talking to or playing with them!